



A proven pathway to become like Jesus

**"But his delight is in
the law of the LORD,
and on his law he
meditates day and night.
He is like a tree planted
by streams of water,
which yields its fruit in
season and whose leaf
does not wither.
Whatever he does prospers."**

Psalm 1:2-3



HOW TO MEDITATE ON GOD'S WORD

PRAY - Ask God to speak to you.

PREVIEW - Read through the passage quickly for an overview.

READ - Read the passage a second time slowly and contemplatively.

OBSERVE - Go back and underline key words, circle words/phrases that are repeated, highlight the most meaningful verse to you.

APPLY - Choose one specific way to put into practice the truth you have discovered.

PRAY - Ask God for power and wisdom to follow through with your application.

TELL - Share with at least one person what new insight, truth, or application you have made in response to God's Word to you.

